

:

1

(hulme Tumers)

.<sup>1</sup>

3 2

.<sup>4</sup>

( )

FOX

<sup>5</sup>(march &peart)

<sup>6</sup>(monica et coll2006)

( )

le corps

<sup>7</sup>(Anne &jenny2006 )

0.001

moreno )

<sup>8</sup>(&cervello2005

)

<sup>9</sup>(colduitz, ficher, berkly 2007)

(

Lurie, ken,)

<sup>10</sup>(xioli 2003

gregory )

12

<sup>11</sup>(bob 2005

Asic2005 , march &jakson 1986 ,)

<sup>12</sup> (juan &moreno 2007)

<sup>13</sup> (boby 1997 , hagger 2004

:

1

( )

2

( )

3

2

.1

.2

.3

.4

3

1

( )

2

.( )

3

:

4

.1

.2

.3

.4

5

:

"

"

:( )

2

:

3

:

-6

: 2005 <sup>14</sup>(Moreno.J and Cerssello.E) -1-6

.

:

( )

14.8

)

2330

( )

(0.91

:

: 2007 <sup>15</sup>( Moreno , Cervello , Vera , Ruiz) -2-6

:

( 0.51

10.3

)

1086

0.01

%0.01

0.001

:

: 2007 <sup>16</sup>(Colduitz n Stein , Fisher , Berkly) -3-6

) 3410 5260  
1999 1997 (  
(%0.001)

5

10

( )

:  
: 2003 <sup>17</sup>(Xiaoli , J .Ken , J.Laurie , p) -4-6

10

( 12-10)

12

1149

12

%01

%34 %21

%100

)  
( )

(

: 2005 <sup>18</sup>(Juilen chanal ) -5-6

Jaseph fourier

( Modèle

( Hubner et Shavlson Stanton 1976.)

(miltidimensionnel et hiérarchique

.( 1.6 ± 13.6 )

13.6

2004/2003

406

( Modèle des effet réciproques)

: 7

: 1 7

( ) ( )

: 2 7

(01)

خصائص الاطوار	الجنس	متوسط السن	الممارسين لحصة تربية بدنية و رياضية	غير ممارسين لحصة تربية بدنية و رياضية	ممارسين لنشاط رياضي خارجي
تلاميذ المرحلة المتوسط	ذكور	15.46	42	/	/
	ذكور	12.2	8	/	80
	مجموع	13.75	122	/	80
تلاميذ المرحلة المتوسط	ذكور	12.2	38	/	38
	اناث	12.8	09	/	09
	مجموع	12.21	47	/	47
تلاميذ المرحلة الثانوية	ذكور	17.85	22	7	/
	اناث	17.2	20	11	/
	مجموع	17.84	42	18	/
المجموع	229	[-18—11]	203	26	127

: 8

le profil de perception de soi physique **PSPP(FOX 1990)**

1 8

1990 fox 1980(Corbin et fox)

shavlsn

le modèle multidimensionnel et hierarctique

1976 (Stanton ,Hubner, Shavelson 1982 Harter ) .1976<sup>19</sup>

25 (PSPP) 1985<sup>20</sup> (Marche, Shavelson)

	: <sup>22</sup>	<b>-2-8</b>
concept générale de soi (CGS):		1
valleur physique perçu ( VPP) :		-2
.concept de soi de comptence sportif:		-3
. concept de soi d'apperence physique:		-4
.concept de soi de force :		-5
concept de soi de condition physique (endurance :		-6
:		<b>-3 8</b>

Excele

)

(

20

**4 8**

**1**

43

0.01

0.70

0.05

[0.64 0.30]

:

**2**

[0.78

0.57]

0.82

$\infty$

:

**3**

:

**-1-3**

0.84.

:

**2 3**

0.001

**9**

:

**-1-9**

:

2-9

**10**

**1 10**

)

(

28

24

14 10

:

(02)

7		17		24		28		
SD	X	SD	X	SD	X	SD	X	
0.736±	3.82	0.782±	3.91	0.749±	4.02	1.002±	3.9	
0.552±	5.34	0.828±	4.92	0.714±	5	0.857±	4.87	
0.423±	3.74	0.831±	3.8	0.674±	3.60	0.986±	4.31	
0.515±	5.14	1.067±	4.63	0.904±	4.46	0.887±	4.44	
1.019±	3.90	1.161±	4.27	1.166±	4.19	1.065±	4.44	
0.652±	5.04	0.776±	4.50	0.946±	4.54	0.834	3.95	
1.839±	27.00	3.502±	26.06	3.550±	26.01	3.67±	25.93	

(PSPP)

(03)

		F "	"F					
	0.93	2.74	0.134	0.104	3	0.312		

		4.06		0.774	72	55.78		
					75	65.09		
	0.58	2.74	0.646	0.418	3	1.256		
		4.06		0.647	72	46.63		
					75	47.89		
	**0.02	2.74	3.35	2.382	3	7.147		
		4.06		0.710	72	51.16		
					75	58.31		
	0.37	2.74	1.05	0.924	3	2.774		
		4.06		0.873	72	62.90		
					75	65.68		
	0.69	2.74	0.477	0.627	3	1.881		
		4.06		1.31	72	94.64		
					75	96.53		
	0.56	2.74	0.67	0.561	3	1.684		
		4.06		0.827	72	56.26		
					75	57.94		
	0.68	2.74	0.49	9.35	3	28.05		
		4.06		18.84	72	1394.41		
					75	1422.46		

: (0.01 0.05 =∞)

(0.68 0.56 0.69 0.37 0.58 0.93 )

0.05

.0.02

(TUKY)

(TUKY)

(TUKY)

(04)




( )

(Lurie ,P, Ken,H Xioli J 2003)

( 12- 10)

12 ( )  
(23)

(13)

3 :

( )

6.:

**-2-10**

( )

55

47

45

82

**(05)**

IV		III		II		I		
				/		/		
[18 10[		[18 10[		[18 10[		[18 -12]		
(1.6±12.78)		(2.25 ± 13.31)		(2.44±13.90)		(1.55 ± 17.23)		-
45		82		47		55		
SD	X	SD	X	SD	X	SD	X	

$\pm 0.773$	3.95	$\pm 0.877$	3.86	$\pm 0.824$	3.68	$\pm 0.895$	3.66	
$\pm 0.756$	5.01	$\pm 0.775$	4.94	$\pm 0.743$	5.01	$\pm 0.972$	4.48	
$\pm 0.774$	3.78	0.972	3.92	$\pm 0.869$	3.88	$\pm 0.880$	3.44	
$\pm 0.704$	4.78	$\pm 0.942$	4.37	$\pm 0.834$	4.76	$\pm 1.070$	3.99	
$\pm 1.116$	4.17	$\pm 1.038$	3.14	$\pm 1.125$	4	$\pm 1.157$	4.21	
$\pm 0.848$	4.56	$\pm 0.820$	4.29	$\pm 1.021$	4.49	$\pm 1.071$	3.66	
$\pm 3.21$	26.27	$\pm 3.390$	25.53	$\pm 3.763$	25.83	$\pm 3.78$	23.40	

(

)

.(

)

(06)

:(

		F "	"F					
		0.01/0.05						
	0.25	2.64=0.05	1.34	0.993	3	2.98		
		3.86=0.01		0.737	226	165.25		
					229	168.23		
	**0.001	2.64=0.05	5.30	3.610	3	10.83		
		3.86=0.01		0.680	226	153.06		
					229	163.89		
	*0.01	2.64=0.05	3.42	2.894	3	8.68		
		3.86=0.01		0.844	226	191.60		
					229	200		
	**0.001	2.64=0.05	7.74	7.07	3	21.21		

		3.86=0.01		0.913	226	205.53		
					229	226.75		
	0.78	2.64=0.05	0.36	0.444	3	1.33		
		3.86=0.01		1.234	226	277.73		
					229	279		
	**0.001	2.64=0.05	9.79	8.696	3	26.08		
		3.86=0.01		0.887	226	199.79		
					229	225.88		
	**0.001	2.64=0.05	6.75	85.82	3	257.48		
		3.86=0.01		12.71	226	2860.48		
					229	3117.94		

\*\*\* 0.01

\*\* 0.05

\*

( )

0.001

TUKY

TUKY

(07)

:

III		II		I				
W		W		W				
0.42	*0.89	0.36	*0.46	0.41	*0.89		4.48	
0.44	00	0.38	0.07				5.01	
0.39	0.07						4.94	
							5.01	
0.47	0.34	0.40	*0.46	0.46	0.44		3.44	
0.49	0.10	0.43	0.04				3.88	
0.43	0.14						3.92	
							3.78	
0.49	*0.79	0.44	0.38	0.48	*0.77		3.99	

0.51	0.02	0.44	0.39				4.76	
0.45	0.41						4.37	
							4.78	
0.48	*0.90	0.44	*0.63	0.47	*0.83		3.66	
0.50	0.07	0.44	0.20				4.49	
0.44	0.27						4.29	
							4.56	
1.44	2.87*	1.66	*2.13	1.81	*2.43		23.40	
1.90	0.44	1.66	0.30				25.83	
1.69	0.74						25.53	
							26.27	

0.05 \*

: 2 10

: -1-10

: -

.1

: -

0.001 .1

.2

: -

.1

.2

: -

0.01 .1

. ( )

.2  
 : -  
 .1  
 : -  
 0.001 .1  
 .( )  
 .2  
 : -  
 PSPP 0.001 .1  
 .2  
 : -2-10  
 0.01 0.001  
 ( )  
 ( Moreno .J.et Cerssello .E. 2005)

( 1130 1230 ) ( 0.91± 14.8 ) .233  
 .<sup>(24)</sup> (Fox 1990) PSPP  
 ( Moreno , Cervello ,Her , Ruis 2007 )  
 516 570 ) ( 0.51 ± 10.6 ) 1086  
 364 155 ( )  
 448  
 (Fox 1990) PSPP  
 0.01

Tuuky <sup>25)</sup>

( Colduitz , Fisher , Berkly 2007)

0.001

5 10

(27)

( Raichet 1996)

(28)

( Davis1997 )

(Donld et Hoolelon 1991 , Oweis et spinks 2001) (health mental )

( Coldentz , Fisher , berkly 2007)

29

miltidimensionnelle et hiérarchique

( )

: -

: -

différenciable (30)

( )

: **3 10**

0.01 0.05

.Coefficient de dermination

(08)

						0.24		
						0.001		
						0.057		
						%5.7		
					0.34	0.27		
					0.001	0.001		
					0.11	0.076		
					%11	%7.6		

				0.34	0.54	0.24		
				0.001	0.001	0.001		
				0.11	0.29	0.057		
				%11	%29	%5.7		
			0.11	0.34	0.14	0.25		
			0.07	0.001	0.088	0.001		
			0.012	0.11	0.019	0.062		
			%1.2	%11	%1.9	%6.2		
		0.16	0.42	0.39	0.49	0.16		
		0.05	0.001	0.001	0.001	0.05		
		0.025	0.17	0.15	0.24	0.027		
		%2.5	%17	%15	%24	%2.7		
	0.69	0.56	0.68	0.69	0.68	0.52		
	0.001	0.001	0.001	0.001	0.001	0.001		
	0.47	0.31	0.46	0.47	0.46	0.27		
	%47	%31	%46	%47	%46	%27		

. 0.2 300 200

\*

:

**-3-10**

0.69 0.16 :

0.005 0.001

:

0.08 0.07

0.014 0.011

:

**-2-1**

% 6.2 :

(300 200 )

%47

<sup>31</sup>. %2

% 1.2 % 1.9

:

-

:

**-1-10**

0.001

.1

. %5.7

0.05 0.01 0.001

.2

47 %6.2

[ 0.69 0.16 [

%

0.01 0.05

.3

0.11 0.14

% 1.2 %1.9

:

**-2-10**

( 0.05 0.001 )

(Biddle 1993 : Welk et al 1995)

<sup>32</sup>

PSPP

( 1986 March et Jackson )

33

(March et Pert 1988)

<sup>34</sup>

0.001

%1.9

% 1.2

( 1986 March et Jackson )

35

)

(

.131	. 1998	1		: <sup>1</sup>
29	.2004	1		: <sup>2</sup>
			21	: <sup>3</sup>
20				: <sup>4</sup>
			63	.1991

<sup>5</sup>: JEAN PIERRE Famose, FLORENCE Guérrin, la connaissance de soi en psychologie de l'éducation physique et sportif, Edition Armand Colin, 2004, P:44

- 6: Anne, P . Jenny, Z. Monic,C -2006 ,General self concept and life satisfaction for boys with differing levels of physical coordination : the role of goal orientation and leisure participation , human movement science 25-(2006) , pp-839.860
- 7: Anne Apoulser, Jenny Zivan, op. cit., P: 851
- 8:-: Juan, Moreno. Eduardo , Cervello .2005 .physical self perception in Spanish adolescent effects of gender and insolvent in physical activity, journal of human movement studies-48 op. p:291-311
- 9: Cynhia n Stein and all .2007, Adolescent physical activity and perceived competence .Dose change in activity level impact self perception. .journal of adolescent health.40- pp 462-470, pp 462-470.
- 10: Xiaoli ,J .Ken, H.Laurie, P -2003 – Children’s self conception relation to the quality of school physical education programs , AZARE AARE .p -1-13,p: 4- 8
- 11: Gregory, J, Bob EK ,validation of the children and youth physical self perceptions profile for young children, Psychologies of sport et exercise - 6-(25)2005-51-65.. p:57
- Jun ,A,Moreno ,M, physical self concept of Spanish school children : different by gender ,sport practice and levels of involvement, Op.cit , p:09
- 12:practice and levels of involvement, Op.cit , p:09
- 13:Moreno. Cervello. Vera. Ruiz .2007 . physical self conception in Spanish school children: Difference by gender sport practice and level of sport involvement. journal of education and human development ; volume 01 , issue 02 .pp 01-16, p:11
- 14: Juan, Moreno. Eduardo , Cervello .2005 . physical self perception in Spanish adolescent effects of gender and involent in physical activity .journal of human movement studies-48.pp 291.311
- 15: Moreno. Cervello. Vera. Ruiz .2007 . physical self conception of Spanish school children: Difference by gender sport practice and level of sport involvement .journal of education and human development ; volume 01 , issue 02 .pp 01 – 16.
- 16: Cynhia n Stein and all .2007 –Adolescent physical activity and perceived competence .Dose change in activity level impact self perception .journal of adolescent health.40- pp 462-470
- 17: Xiaoli ,J .Ken, H.Laurie, P -2003 – Children’s self conception relation to the quality of school physical education programs .AZARE AARE .pp -1-13
- 18: JULIEN CHANAL , la formation du concept de soi en éducation physique et sportif.; les différents antécédants et le roll des visions de soi, thèse doctorale, l'université de JOSEF FOURIER, France , 2005,p81-85.
- 19: JEAN PIERRE Famose, FLORENCE Guérrin,la connaissance de soi en psychologie de l'éducation physique et sportif,Édition Armand Colin, 2004.p52
- 20: Juan, Moreno. Eduardo , Cervello ,op. cit,p 5
- 21:: Jean pierre Famose, Florence Guérrin, op. cit , p 52
- 22: ibid., p52,53.
- 37: Xiaoli ,J .Ken, H.Laurie, P -2003 – Children’s self conception relation to the quality of school physical education programs .Op .cit. p: 4- 8 .
- 38: Juan, Moreno. Eduardo, Cervello .2005 . physical self perception in Spanish adolescent effects of gender and insolvents in physical activity, Op. cit , p:291-311.
- 39: Moreno. Cervello. Vera. Ruiz .2007. physical self conception in Spanish school children: Difference by gender sport practice and level of sport involvement. Op. cit , p:1-16..
- 41: Cynhia n Stein and all .2007 –Adolescent physical activity and perceived competence .Dose change in activity level impact self perception. Op. cit , pp 462-470.
- 42: Juan, Moreno. Eduardo , Cervello .2005 . physical self perception in Spanish adolescent effects of gender and insolvents in physical activity, Op. cit , p:304
- 43.: Cynthia Stein and all .2007 –Adolescent physical activity and perceived competence .Dose change in activity level impact self perception. Op. cit, pp: 462-470.
- 44: Julien chanal , op.cit, p:13,14

26 محمد حسن علاوي موسوعة الاختبارات النفسية والمهارية، مرجع سابق، ص 131

---

<sup>31</sup>: Stephane CHampely , Vraiment statistique appliqué au sport ; cour et exercice , 1<sup>er</sup> édition DE BOE CK , Belgique , 2004.p129

<sup>32</sup> -Gregory, J;Bob .E, (2005) , validation of the children and youth physical self perception profile for young children , psychologies of sport and exercise, volume 6. p: 62.

<sup>33</sup> - JEAN PIERRE Famose, Florence Guérin, op.cit, p 44

<sup>34</sup> , JEAN PIERRE Famose , Florence Guérin , op.cit , p 67

<sup>35</sup> - ibid, 44,45